

## Abstract

**Title:**

Ice Hockey Injuries in the Professional Ice Hockey leagues in Czech Republic

**Objective:**

The aim of this thesis is to investigate the incidence, types, severity and mechanisms of injury in Czech ice hockey players at the highest competition level during the season 2010/2011.

**Methods:**

Data were collected by the non-standardized six-side questionnaire from 11 teams in the highest ice hockey league in Czech Republic for season 2010/2011.

**Findings:**

There were a total of 559 injuries, 18,4% injuries occurred during practice, 75% during games. The overall game injury rate was 57,4 per 1000 games. The most common injury was laceration in the face. Collision with an opponent, with the boards or fall on ice caused nearly 38% of injuries. As for severity, 45,1% injuries were classified as minor and 14,3% as major injuries. Of the 419 game injuries, 65,2 % occurred in forwards, 28,1% in defensemen and 6,7% in goalkeepers.

**Keywords:**

ice hockey, injury rate, questionnaire